

# Sleep Surgery Track

**Day 3 - 21 April 2024**

**Sunday - HALL A**

08:30 - 09:00 Registration

## 09:00 - 10:30 Session I: Understanding Basics of OSA and Sleep Surgery

**Moderators: Claudio Vicini, Mohamed Eesa, Mohamed Rashwan**

Welcome and opening remarks

Mohamed Eesa

09:00 - 09:15 Upper airway resistance – Mother of all diseases

Vikas Agrawal

09:15 - 09:30 Pathophysiology of OSA: Basic concepts and future trends

Ehsan Hendawy

09:30 - 09:45 Obstructive sleep apnea phenotypes

Maha Yousif

09:45 - 10:00 Single stage multilevel vs staged multilevel surgery for OSA, What is the verdict

Srinivas Kishore

10:00 - 10:30 **Keynote Lecture: Multimodal sleep apnea therapy: from theory to real life** Claudio Vicini

10:30 - 11:00 Coffee Break

## 11:00 - 12:00 Session II - A: Sleep and Airway Diagnostics in OSA

**Moderators: Peter Baptista, Mohamed Abdelwahab, Ehsan Hendawy**

11:00 - 11:15 Sleep apnea treatment in pregnancy

Karolina Dzaman

11:15 - 11:30 Polysomnography: Essentials for otolaryngologists

Maha Yousif

11:30 - 11:45 DISE: useful or misleading

Srinivas Kishore

11:45 - 12:00 Office Based Sleep Endoscopy: When, Why and How?

Claudio Vicini

## 12:00 - 13:00 Session II - B: Palatal and pharyngeal surgery in OSA

12:00 - 12:15 Different barbed pharyngoplasty techniques in snoring & OSA

Yassin Bahgat

12:15 - 12:30 Lateral wall pharyngoplasty in OSA: Where we are?

Mohamed Rashwan

12:30 - 12:45 How to optimize your Pharyngoplasty for snoring and sleep apnea: tips and tricks

Claudio Vicini

12:45 - 13:00 Nasopharyngeal stenosis: the scaring enemy in palatal surgery for OSA Mohamed Eesa

13:00 - 14:00 Lunch Break

## 14:00 - 15:00 Session III - A: Tongue Base and Maxillofacial surgery in OSA

**Moderators: Yassin Bahgat, Srinivas Kishore, Alaa Khazbak**

14:00 - 14:15 Skeletal surgery in managing OSA

Mohamed Abdelwahab

14:15 - 14:30 Do we need to treat all tongue base collapse

Vikas Agrawal

14:30 - 14:45 Tongue base surgery: challenges and outcome in surgery of OSA

Mohamed Eesa

14:45 - 15:00 Oral appliances in treatment of OSA: Newer treatment and research updates

Tina Rokadia

## 15:00 - 16:00 Session III - B: OSA treatment in special groups

**Moderators: TBC**

15:00 - 15:15 Sleep apnea treatment in elderly

Peter Baptista

15:15 - 15:30 OSA surgery in COMISA patients

Mohamed Rashwan

15:30 - 15:45 Barbed Pharyngoplasty and DISE

Anamika Rathore

15:45 - 16:00 Changes in serum leptin after multilevel surgery of OSA

Alaa Khazbak

16:00 - 16:30 Coffee Break

## 16:30 - 18:00 Session IV: Recent Updates in OSA

**Moderators: Vikas Agrawal, Mohamed Rashwan, Maha Yousif**

16:30 - 16:45 Hypoglossal nerve stimulation: the concept, role and basics

Mohamed Abdelwahab

16:45 - 17:00 New apps and devices for diagnosis and treatment of sleep apne

Peter Baptista

17:00 - 17:15 Terrible snoring: How to manage?

Yassin Bahgat

17:15 - 17:30 How to silence that snore?

Vikas Agrawal

17:30 - 17:45 Contraindications of sleep surgery

Yassin Bahgat

17:45 - 17:55 Q & A

18:00 Closing remarks

End Of Day 3

Last Update as on April 01, 2024



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